



## Barriers (1st Line of Defense):

- · Prevent microbes from entering body
- 1) Skin:
  - Inhospitable environment:
    - Dry, nutrient-free zone
    - Sweat/oil gland secretions (antibiotics)
    - Skin sloughed off

## 2) Mucous Membranes

(digestive, respiratory, urogenital tracts):

- Secrete mucus (traps microbes):
  Antibacterial enzymes
- Cilia sweep up mucus (swallowed)





- Attack wide variety of microbes that penetrate barriers
- 1) Phagocytic Cells (leukocytes):
  - Macrophages ("big eaters")
    Ingest microbes via phagocytosis
  - Natural Killer Cells
    Attack virus-infected / cancer cells



Non-specific Internal Defenses (2nd Line of Defense):

• Attack wide variety of microbes that penetrate barriers

#### 2) Inflammation ("to set on fire")

- Wounded region  $\,\rightarrow\,$  red, swollen and warm:
  - Damaged cells 1) release histamine ('leaky vessels')
    - 2) initiate blood clotting
    - 3) attract macrophages (Clean area)
- 3) Fever (↑ body temperature)
  - Combats large-scale infections (turn up thermostat hypothalamus)
  - Function: 1) increases macrophage activity
    - 2) slows bacterial reproduction
    - Increases macrophage activity

# Normal Fever: 98.6 F

Hyperpyrexia: >106 F \*Medical emergency

Children: Febrile seizures can occur at 102 F or higher



#### Specific Immune Response (3nd Line of Defense):

- Complex attack against specific target (organism / toxin)
- Immune System: Cells / molecules that work together to combat the microbial invasion
- Key Players (leukocytes : lymphocytes):
  - B cells = Mark / inactivate foreign invaders in blood
  - T cells = Destroy foreign invaders in cells
  - Table 36-1 (Overview of cell types...)

# Fundamental Steps in Immune Response:

- 1) Immune system must recognize invader...
  - Antigen: Molecule located on cell surface which triggers an immune response.
  - · B cells produce antibodies which recognize antigens



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    Antibodies may bind to B cell or may float freely



## Fundamental Steps of Immune Response:

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  - B cells produce antibodies which recognize antigens
  - T cells produce T-cell Receptors which recognize antigens

#### Why doesn't our immune system destroy our own cells?

Answer: Major Histocompatibility Complex (MHC):

- Unique set of proteins / polysaccharides which identify "self" cells of body
- Act as antigens in other individual's bodies

#### Fundamental Steps in Immune Response:

- 2) Immune system must launch attack ...
- A) Humoral Immunity (B cells / circulating antibodies):
  - Attacks invaders (bacteria, protists, fungi) prior to cell entry
    - B cell antibody receptor binds antigen
      Activated B cell divides rapidly (clonal selection):
      - (a) Memory cells (Future immunity)
      - (b) Plasma cells: ↑ antibodies (released into blood)







Fundamental Steps in Immune Response:

- 2) Immune system must launch attack ...
- B) Cell-mediated Immunity (T cells):
  - · Attacks invaders (viruses, cancers) after they enter body cells (1) Cytotoxic T cells:
    - Release proteins  $\rightarrow$  disrupt plasma membrane
    - (2) Helper T cells:
      - · Stimulate immune cells (via hormones)
      - · Destroyed by AIDS virus
    - (3) Suppressor T cells:
      - · Activated following infection; shut down B / T cells
    - (4) Memory T cells:
      - · Protect body against future invasion

Fundamental Steps in Immune Response:

- 3) Immune system must remember past victories...
  - · Memory cells "remember" specific antigens · May survive for years
    - · Respond faster and larger to repeat invasion



#### Medical Care Augments Immune Response:

- 1) Antibiotics: Slow down microbial reproduction (not viruses) Problem: Antibiotic resistant strains
- 2) Vaccinations: Injection of killed microbes to confer immunity
  - · Stimulates development of memory cells



# Are Vaccine dangerous?

- Yes, though side effects are uncommon \*Allergic reactions, hypersensitivity to dead microbes
  - \*Occasionally some people contract the disease \*Especially when the vaccine uses live viruses
- 1998 paper linked MMR vaccines to autism
  - · Prompted numerous studies
  - · Investigative reporting revealed author was paid 400,000 pounds (~\$800,000)to find a vaccine link to autism.
- Current studies indicate no link from vaccines to autism

# Anti-vaccination movement

- Since 1998, vaccinations fell 20 40% depending on country
  - Measles outbreaks since reduction in vaccines
    - > Netherlands (199-2000) 2961 cases
    - ≻UK & Ireland (2000) 300 cases
    - ≻ US (2005) 34 cases in Indiana.
    - > US (2009) 121 cases in 15 states so far.
- > Measles was eradicated in the US in 2000.

## Malfunctions of Immune System:

- Allergies: Adverse reaction to harmless substances
  B cells recognize substance as antigen (histamine release)
  Anaphylactic Shock = can be fatal.
- 2) Autoimmune Disease: Body mistakes own cells as invaders
  > Diabetes mellitus (Type I): Destruction of pancreatic cells
  - Multiple Sclerosis: Destruction of neuron insulation (myelin)
- 3) Immunodeficiency Disease:
  - Severe Combined Immune Deficiency (SCID): ("Bubble Boy")
  - Aquired Immune Deficiency Syndrome (AIDS)
- 4) Cancer: Unchecked growth of tumor cells
  - · Cells evade / overwhelm immune system